



## The Maydays COVID procedures for classes

Please find below important information about returning to The Maydays In Real Life improv classes.

We have implemented the following for the safest improv experience:

- QR track and trace codes on entry, please register on arrival
- Reduced capacity - now 8 attendees, reduced from 16
- 2 mtrs squared space for each attendee
- Hand sanitiser available throughout the sessions, but we do ask that you have your own available
- We ask that you wear a facemask on entry into the building and when in any communal areas, unless exempt
- We ask all participants to adhere to government guideline in social distancing on entry and exit of the class
- We ask that you do not arrive more than 5 minutes early for class
- Face masks will not be mandatory in our improv sessions, but if you wish to wear one whilst observing scenes then please do so
- Venues hired adhering to extra cleaning regime between hires, all touchpoints sanitised
- If using parking bays at the venue, please park away from others wherever possible.
- If restrictions are put back into place on public gatherings, we will move classes online

Please do not attend class if you have been asked to self-isolate, have had a positive covid test result or are experiencing any of the covid symptoms. The main symptoms of coronavirus (COVID-19) are:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal



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If you have any of these symptoms, get a PCR test (test that is sent to a lab) to check if you have coronavirus and stay at home until you get your result.

If you are returning to the Maydays improv environment from isolation due to suspected or confirmed cases of COVID-19 or other COVID-19 related reasons, please adhere to the following to keep us all safe:

- do not return to the class for at least 10 days from the onset of symptoms
- you must be at least 7days with no symptoms
- You will not be allowed back at a Maydays class for at least 14 days from the onset of symptoms and will require clearance from the COVID Medical officer before they return



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